

























BEACHES

Discover the family-friendly beaches equipped with dedicated areas and baby services in Lignano Sabbiadoro, Grado, and the stunning Sistiana **Bay**. Experience the renowned windsurfing hotspot of Marina Julia, and explore the historic beaches along the picturesque **Trieste** coastline, all the way to the charming town of Muggia.



BOAT TRIPS

The surroundings of Lignano Sabbiadoro also offer pleasant alternatives to 'beach life'. Let's sail to discover the Isola delle Conchiglie (Shell Island), the Tagliamento River and the River Stella Mouth Nature Reserve, where you can visit the traditional 'Villaggio dei Casoni'. You can also enjoy a boat trip through the **Grado Lagoon**, up to **Barbana Island**. And why not take a refreshing dip while soaking in the views of the 'Isle of the Sun' from the waves? Just rent a boat you can sail without a licence or hire one with a captain. Don't miss the group trip to **Foci del** Timavo (Timavo River Mouths), to discover this

mysterious river up to its mouth! What about sightseeing the main coastal resorts by boat, crossing the **Grado** and **Marano Lagoons**, or even sailing the Adriatic Sea? It's easier than ever with the efficient system of summer passenger

AMUSEMENT AND FUN

It's something both adults and children love, village beach entertainment and theme parks make every day the right day for family fun. Enjoy dipping and playing with water in the numerous water fun parks, or go and meet animal friends at 'Parco Zoo Punta Verde'

There is plenty of water sports and activities for children and kids to enjoy: **get plenty of** adrenaline! Windsurfing, kayaking, SUP, sailing, rowing, swimming, parasailing, parkour and skateboarding, volleyball, basketball, minigolf, padel and five-a-side football courts, individual or group lessons, summer camps; there's a whole world waiting to be discovered!



MOUNTAIN SUMMER LET'S HAVE A LOT OF FUN



AMUSEMENT PARKS

Friuli Venezia Giulia awaits you for a high-adrenalin holiday! In Sappada you can explore the Sappark scattered park and visit the **Gnome Village**, while in Forni di Sopra don't miss the **Dolomiti Adventure Park**, the largest adventure park in north-eastern Italy, and the Fantasy Snow Park with bobsleigh track, chutes and inflatable attractions (open both in summer and in winter). And don't miss the Fun Area and the Madessa Adventure Park in Ravascletto, the Rampy Park in Piancavallo, the **Tibetan bridge** over the Cellina Gorge, and the **Fun** Park dell'Angelo in Tarvisio. The more adventurous spirits can take on for zip-lines that soar both in Tarvisio and in Sauris, above its beautiful lake.



ENTERTAINMENT ACTIVITIES

Every week, the family calendar of Piancavallo, the Pordenone mountains, the Friuli Dolomites Park and the Julian Prealps Park, the Tarvisio and Carnia areas offer a plenty of experiences and activities for all tastes and ages: relaxing walks with animals, fun treasure hunts, guided hikes or bike rides, creative workshops and shows immersed in nature.

Trekking enthusiasts can enjoy unforgettable hikes along our family routes and thematic **itineraries**. Whether alone of with a guide, you can discover educational and naturalistic trails and **mountain huts**, where you can savour local produce, get close to animals and feel even more at home.

CLIMBING IN SUMMER

Summer ski lifts offer breathtaking panoramas, such as Mount Lussari and Mount Zoncolan, or the Varmost ascent, climb to believe!



CITIES OF ART, MUSEUMS, AND CASTLES LEARN ART AND...



GORIZIA AND ITS SURROUNDINGS Nova Gorica - Gorizia, located between Slovenia and Italy, is a city of **sharing**, **innovation** and rebirth. It is the 2025 European Capital of Culture. Don't miss a visit to the Castle of Gorizia, the Castle Museum and the Lasciapassare **Museum**! The neighbouring towns also offer great museums such as the **Museum of Fishery** and Lagoon Civilisation in Grado or the MuCa Ship-building Museum in the Monfalcone portcity, where you can enjoy interactive experiences.

TRIESTE AND ITS SURROUNDINGS

Nestled by the Gulf of Trieste, this charming city captivates visitors with its stunning Habsburg architecture and the grandeur of its castles, including Duino, Miramare, San Giusto, and Muggia, all offering breathtaking views of the Adriatic Sea. The great charm and culture of Trieste is also enriched by a wide range of museums such as the BioMa Biodiversitario Marino, which offers an immersive experience into marine biodiversity, or the **Museum of** Natural History, and the ITS Arcademy, the Museum of Contemporary Fashion. The Magazzino 26 hosts a historic building in Porto Vecchio you will find the **Museum of** the Sea and the Immaginario Scientifico -**Science Museum**, with plenty of interactive and experimental activities. And to fly with your imagination, go to 'Museo della Bora', the museum dedicated to the famous wind of Trieste. Or, if you want o discover in full the importance of peace, visit the **Diego de Henriquez Museum**, for a comprehensive experience about the two world wars.

UDINE AND ITS SURROUNDINGS

A Venetian-style city made up of irrigation ditches and ancient palaces with frescoes by the great artists of the 18th century. Here you will find various Municipal Museums such as the Castle Museum, Casa Cavazzini and the Ethnography **Museum**, where you can enjoy family experiences such as: Nights at the Museum, baby experiences, workshops for children and adults and guided toursin English. The Diocesan **Museum** of is one of the must-see treasures of art. And the Belpaese Express experience allows you to experience a fun 2.0 treasure hunt! Outside the city, in the mountains of Carnia, there is the Carnic Museum of Folk Arts "Michele Gortani", dedicated to traditional crafts (in Tolmezzo) and the Pesariis Clock Museum. dedicated to clocks, which winds its way through the streets of the mountain village.

PORDENONE

AND ITS SURROUNDINGS Pordenone, designated as the Italian Capital of Culture for 2027, surprises both adults and children with 'Palazzo del Fumetto', a rich permanent collection of strip cartoons and many events, and the Immaginario Scientifico – **Science Museum**, the museum for the scientists of tomorrow. In the surrounding area, Spilimbergo is a rainbow of colours thanks to its Mosaic School; Maniago hosts the Museum of Blacksmiths' Art and Cutlery; The MIRS - Interactive Museum of Radio and Society in Pasiano di Pordenone and the Museum of former 'Pitter' Power Plant of Malnisio in Montereale Valcellina are unmissable gems. with digital itinerary for families.

VILLAGES, UNESCO SITES, AND HISTORIC ROUTES ALL FOR HISTORY, HISTORY FOR ALL!

Between ancient walls and centuries-old traditions, the villages of Friuli Venezia Giulia tell fascinating stories to explore with your family. In these authentic mountain villages, you can visit small museums that preserve ancient crafts, legends and local curiosities, and offer fun and educational experiences for children. In seaside **villages** you can get lost among lanes and small squares and immerse yourself in authentic fishermen's places.



UNESCO HISTORIC SITES

All roads lead to Aquileia, once one of the largest and richest cities of the Roman Empire, where even today archaeologists continue to unearth great treasures of antiquity. Here, every step reveals something new, such as in the Basilica of Aquileia, the Archaeological Digs and MAN - The National Archaeological Museum, which even offers a family-friendly welcome kit. In

summer, Aquileia offers theatrical tours, that bring the Ancient Roman world to life in a fun and engaging way. In nearby Palmanova, a worldfamous town for its star-shaped fortifications, the Multimedia Video Room recounts the evolution of the city. Not to be missed is the **Historical** Park of Ramparts with its underground route in **Venetian Galleries and Donato Bastion**. The town of Cividale del Friuli is the starting point of the UNESCO Route 'The Lombards in Italy' and surprises visitors with the **Christian** Museum and the Treasure of the Cathedral, the Vittorio

Podrecca and Maria Signorelli International **Centre**, with puppeteer guided tours, and the **Lombard Temple.** Slightly farther towards the border, in the Natisone Valleys, the SMO -Landscape and Narrative Museum tells the local traditions, nature and legends and is a symbol of cross-border cooperation.

HISTORIC TRAINS

Travelling aboard 'Centoporte' ('one-hundred doors) vintage train cars is a very exciting experience, especially for children! Imagine the wonder of embarking on a **journey from old** times, with wooden parlours and curtains at the windows, in perfectly preserved 1930s cars equipped with luggage and hat luggage racks and hat shelves and pulled by steam, electric or diesel locomotives: it will feel like stepping into a



WORLD WAR I

f you wish to walk through one of the most important pages of history and understand how important the value of peace is, the paths of the **Great War are now an open-air museum**. The five itineraries suitable for families travelling with children range from the mountains surrounding Gorizia to Monfalcone, where you can observe the trenches: long corridors dug into the rock with narrow slits. They are one of the greatest testimonies of the World War I, which was fought in these very areas a century ago. Among the most important sites: the Redipuglia Military Memorial, the Ara Pacis Mundi in Medea, the Mount San Michele Museum and the **Ungaretti Park in Sagrado**.

MOUNTAIN WINTER SNOW, SNOW AND MORE SNOW...



The resorts are equipped with safe slopes, ski schools with qualified instructors, winter parks and **spaces dedicated to sledding**, **inflatables** and **alpine coasters**. The breathtaking landscape of Friuli Dolomites, Carnic and Julian Alps guarantees an unforgettable experience in contact with the most unspoilt nature.

Children up to the age of 7 ski for free, while

kids up to 19 years old enjoy reduced fares for ski passes. The offer includes playgrounds, alpine coasters, and snow introduction course with specialist trainers ensuring days filled with fun. Ice-skating enthusiasts can enjoy the ice rinks in Claut, Piancavallo, Pontebba, and Forni di Sopra as well as some temporary ice rinks. The ski areas of Friuli Venezia Giulia offer not only sport but also a rich calendar of **activities** and family events such as guided snowshoe hikes, torchlight processions, treasure hunts, creative workshops and Christmas markets that will enrich vour winter, allowing both adults and children to experience a magical atmosphere.

PIANCAVALLO

The two ski schools located in Piancavallo offer mini-courses for the children from 3 years of age, as well as cross-country skiing, snowboarding and freestyle courses. The ${\bf Funk}$

Park is dedicated to older people, while the Nevelandia is a paradise of fun for children, featuring bobsleighs, traditional sleighs, and inflatables. Don't miss the **alpine coaster**, open in both summer and winter.

FORNI DI SOPRA

Nestled in the **Friuli Dolomites Park**, Forni di Sopra is perfect for families. The **Fantasy Snow** Park, close to the valley floor ski area and the ice rink, is an ideal space for children to have fun. Activities include hiking with Biagio the donkey, biathlon introductory lessons and torchlight walks, for a complete immersion in nature.

SAURIS

A slow destination for those seeking tranquillity and relaxation. Besides the school camp for young skiers, Sauris offers guided nature walks, also on horseback, and a treasure hunt to discover ancient traditions.

The children's kingdom is **Nevelandia**, a large snow playground with bobsleigh runs, inflatables and Sappy the mascot. Sappada is also famous for its ski school and picturesque villages, which make this resort unique

This destination offers **true winter magic thanks** to its snowy forest and the Julian Alps. Families can enjoy slopes for all levels, ski courses from the age of 4 and unique adventures such as dog sledding, a playground and an alpine coasters that is available in both summer and winter.

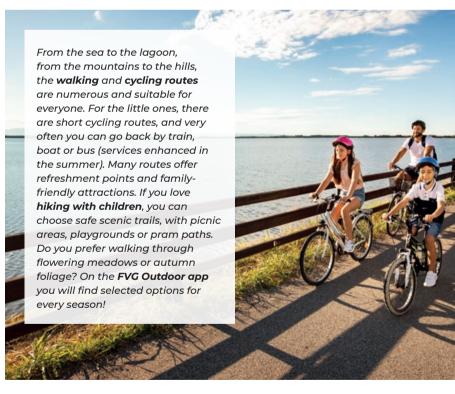
RAVASCLETTO/ZONCOLAN

With its sunny slopes reaching up to 2,000 metres, this ski resort is perfect for families with children, thanks to its snow introduction courses and numerous activities for kids such as freestyle. fat-biking, snowshoeing and an ice rinks open during the Christmas period. And after a day on the slopes, don't miss the Thermal Bath of Arta, a full spa facility with swimming pools and entertainment for the little ones.

SELLA NEVEA

This resort is perfect for **skiing also in spring** and offers several ski courses for children. There are numerous snowshoe hikes and excursions in the Julian Prealps Park.

BIKE&TREKKING WHETHER ON FOOT OR BY BIKE!



If you are travelling by bike with children and **kids**, you will find routes selected according to their age. Routes include the final stretch of the **Alpe Adria Cycling Route**, one of the most famous in Europe. It connects Grado to the historic centre of Aquileia, offering a spectacular view of the lagoon from the bridge that joins Grado to the mainland. In summer, you can go back with the **Aguileia-Grado** ferry, with a special 'bike&boat' ticket. In the **Tarvisio** area, the **Bike & Baby Trekking** route is perfect for cycling through the woods and the mountains. In spring and summer, ferries and train+bus services allow you to carry your bike with you and enjoy environmentally friendly experiences or join guided excursions. If you prefer **trekking**, there are many

opportunities to discover the rich biodiversity of this area. Valli del Natisone area host the 44 **Votive Churches Trail**, while the **Valli del Torre** area offer unique scenery with streams and waterfalls. Another fascinating area is **Collio**,



where nature and traditions are harmoniously intertwined. Here, time follows the rural rhythms of the past, and immersing oneself in the hilly landscape means rediscovering its history and values. The Preval Fairy narrative Itinerary offers a bucolic experience along little-travelled roads that have been transformed into cycling and walking routes through cultivated fields, stable meadows and rolling hills covered with forests and vineyards.

NATURE AND ANIMALS LOVE FOR THE ENVIRONMENT



Large natural parks such as the **Friuli Dolomites** Park and the Julian Prealps Park organise summer and winter activities, such as walks. exhibitions and nature experiences. Don't miss a visit to visitor centres of the regional nature reserve. In **Forra del Cellina** you will find the Old Valcellina Road and the Tibetan Bridge. Very special are the **Cornino Lake**, with a stretch of water that surprises with its emerald colour and griffon vultures - a closely monitored species -, and Palù di Livenza, where you can discover an ancient pile-dwelling site. For those who love the lagoon, Valle Canal Novo with its water walks, birdwatching and sea aquarium is a fascinating discovery. In the **Valle Cavanata**, you can spot flamingos, while in the Isonzo River Mouth - Isola della Cona you can admire Camargue horses in

Within the splendid setting of the **Karst Geopark**, you can explore the Miramare Marine Protected **Area.** with electric boat trips or snorkelling organised by expert guides, and the **Duino Cliffs** welcome you with guided canoe tours under the **Duino Castle**. In the **Val Rosandra**, hiking and trekking are an adventure accessible to all (including most adventurous ones!), while the **Doberdò** and **Pietrarossa** lake reserves offer

educational experiences under the banner of environmental sustainability.

EDUCATIONAL CENTRES

For bird lovers, 'Parco Acrobati del Sole' in Cividale is the only facility in Friuli Venezia Giulia where you can watch an **original show with** birds of prey, curated by the centre's experts. At **Oasis of Storks in Fargagna** you can admire white storks, hermit ibis and konik horses. Not to be missed is the House of Butterflies, the largest in Italy, with over 1,000 butterflies of 100 different species flying free in the three large greenhouses that reproduce the habitats of the African Jungle, Southeast Asian Forest and Amazonia, with the nearby Lake Lago dei Tre Comuni.

EDUCATIONAL FARMS

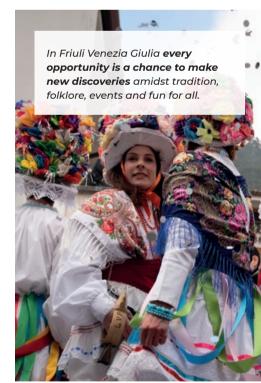
As a family you can enjoy **simple yet** extraordinary experiences. Walking with the alpacas, trying bee-humming therapy, walking in a corn labyrinth are experiences that combine fun and nature, while lovers of traditions eager to learn about Friuli arts and crafts can participate ir grape-harvesting workshops, learn how to make cheese or discover the secrets of fishing

CAVES AND FORMER MINES

Penetrating the meanders of the earth and history It's easier than ever in Friuli Venezia Giulia. In October, the **Pradis Caves** await families with the Prehistory Days. Older kids can go to the adventurous Cave of San Giovanni d'Antro, with a 'scenic' ascent and paths winding between small pools of water, where you can observe rocks and limestone formations up close, including the large jellyfish. Magnificent is the Grotta Gigante, which surprises even the most adventurous ones: it is the largest in the world. Another delightful experience is that of the **Torri di Slivia Cave**, which you can reach onboard an 'agribus'. But it is not over... In Cave del Predil is the **Raibl International Geomining Park**, with the former mine, amid dense beech and spruce forests, pastures and rocks. For budding explorers, the Former Cludinico Coal Mine is a magical journey to the centre of the earth, with 150 kilometres of underground routes in an environment waiting to be discovered.

EVENTS

THE BEAUTY OF BEING TOGETHER



Many different ways of experiencing Carnival await you at Zahrar Voschankh in **Sauris**, in Muggia with the Carneval de Muia, in Val Resia with the *Püst*, in **Sappada** with the *Plodar* Vosenòcht and in the Natisone Valleys with the

EASTER EVENTS

Friuli Venezia Giulia awaits you in Easter time with the 'Truc' game in Cividale, while the most beautiful Easter Monday is on the ramparts of

IN AUTUMN AND ON ALL SAINTS' DAY Immediately after the summer, numerous nature experiences, themed activities in museums and traditional events enliven the region's towns and squares with flavours and colours, such as the pumpkin, cheese and chestnut festivals and the events and entertainment activities organised for All Saints' Day.

FROM ADVENT TO EPIPHANY

San Nicolò and the Krampus await the children with their frightening parade through the streets of Valcanale; not to miss is also the Advent Pur in Valbruna, a fascinating Advent trail in the forest. Major cities and villages also set up Christmas Villages. Nativity scenes in Friuli Venezia Giulia are surprising in terms of creativity. Famous is the Sand Nativity Scene in Lignano Sabbiadoro. Also famous are the Nativity Scenes in the Village and the Floating Nativity Scene in Grado. For those who do not want to give up the mountains in winter, **Poffabbro** and **Polcenigo** are worth a visit, as is the Gorgazzo floating nativity scene, while in **Sutrio** you can explore the village and visit the artisans who make the nativity scenes during the Borghi e Presepi event. In Spilimbergo, every year the Friuli Mosaic School realises a **Mosaic** Nativity and organises numerous activities with stories and workshops for families. Then there is the **Underwater Nativity**, with the long-awaited and spectacular rising of Baby Jesus statue from the emerald waters of Lake Cornino. Epiphany: the final festive farewell to the holidays at Epiphany, the *varvuole*, the 'witches of the sea', arrive in Grado, while Tarcento celebrates the traditional Friuli Epiphany, with the population climbing the hill armed with torches and lighting the 'Pignarûl Grant', a large



bonfire to celebrate the beginning of the new