TERME DI ARTA
dove l'acqua cura e il tempo rallenta

IO SONO FRIULI VENEZIA GIULIA

TERME DI ARTA
360° WELLNESS

To achieve a harmonious lifestyle, it is essential to restore balance between body and mind through moments entirely dedicated to yourself.
Enhance your admission experience with our rejuvenating wellness treatments and experiences.

FACIAL TREATMENTS

OXYGENATING THERMAL MUD FACIAL CLEANSING - 50 MIN — € 45,00

Detoxifying action. Suitable for all skin types. Thermal water and mud, rich in trace elements, characterize this facial cleansing treatment in synergy with specific active ingredients for every skin type.

DETOX TREATMENT - 50 MIN — € 60,00

Latest-generation detoxifying treatment that protects the skin and rapidly helps neutralize free radicals in synergy with thermal water.

MINERAL DNA ANTI-AGE - 90 MIN — € 75,00

Anti-ageing, illuminating and moisturizing action. Recommended for mature and thickened skin. This treatment uses an innovative line rich in DNA-based substances designed to improve tissue tone and prevent skin ageing. Includes a short face and décolleté massage.

VITAMIN C TREATMENT - 90 MIN — € 75,00

Preventive anti-ageing treatment suitable for all skin types. Vitamin C helps improve skin elasticity and firmness, leaving the skin more hydrated and supple.

TERME DI ARTA
dove l'acqua cura e il tempo rallenta

IO SONO FRIULI VENEZIA GIULIA

TERME DI ARTA 360° WELLNESS

A source of unique experiences

WELLNESS PROMOTIONS

THERMAL EXPERIENCE/BEAUTY PROMO — only € 58,00

Enhance your 5-hour admission with a Beauty facial treatment and enjoy a moment of pure pampering.

- Valid every day by reservation
- 1 person
- Pool admission valid for one time slot
- 50-minute Beautyscian Facial Treatment

THERMAL EXPERIENCE/MASSAGE TOTAL BODY PROMO — only € 65,00

Enjoy the complete wellness experience of Terme di Arta with a full-body massage and 5-hour admission.

- Valid every day by reservation
- 1 person
- Pool admission valid for one time slot
- 50-minute full-body massage

THERMAL EXPERIENCE/BEAUTY PROMO WEEK — € 100,00

- Valid on Saturdays, Sundays and public holidays.
- 1 person
- Includes full-day access to pools and wellness area plus facial treatment.

THERMAL EXPERIENCE/MASSAGE TOTAL BODY PROMO WEEK — € 105,00

- Valid on Saturdays, Sundays and public holidays.
- 1 person
- Includes full-day access to pools and wellness area plus body massage.

TERME DI ARTA
dove l'acqua cura e il tempo rallenta

IO SONO FRIULI VENEZIA GIULIA

TERME DI ARTA
360° WELLNESS

MASSAGES

RELAX MASSAGE - 50 MIN — € 60,00

Medium-intensity massage designed to relax the mind and improve skin trophism using delicate almond oil.

LEGS OR BACK-NECK MASSAGE - 30 MIN — € 40,00

Localized medium-intensity relaxing massage.

DRAINING MASSAGE - 50 MIN — € 60,00

Gentle circulatory maneuvers that act on the tissues by stimulating blood, venous and lymphatic circulation. This treatment encourages blood flow to move more efficiently through the body. As circulation is activated, blood vessels interact more effectively with the surrounding tissues, helping to promote the removal of excess fluids and reduce fluid retention.

AYURTHAI MASSAGE - 50 MIN — € 65,00

A unique treatment combining Thai acupressure and stretching with Ayurvedic circular movements, promoting balance and vitality. Warm spiced oil stimulates the senses, while the final head and face treatment provides radiance and an authentic anti-ageing effect.

TERME DI ARTA
dove l'acqua cura e il tempo rallenta

IO SONO FRIULI VENEZIA GIULIA

ADDITIONAL BEAUTY TREATMENTS

BODY TREATMENTS

FULL BODY ANTIAGE - 120 MIN — **€ 130,00**
50-minute facial treatment and 50-minute antioxidant body treatment plus 25% discount on product kit purchase.

FULL BODY SCRUB - 50 MIN — **€ 45,00**
A treatment designed to remove dead skin cells from the epidermis, providing a moisturizing effect and followed by a massage that stimulates cellular renewal and skin regeneration.

REMISE EN FORME - 60 MIN — **€ 60,00**
A firming, draining and slimming body treatment with an intensive anti-cellulite action, designed to improve skin tone and promote body contouring.

THERMAL MUD TREATMENT - 60 MIN — **€ 60,00**
A localized body treatment with thermal mud and thermal water, designed to remineralize and tone the skin, leaving it revitalized and refreshed.

THERMAL MUD TREATMENT — **€ 450,00**
A localized body treatment using thermal mud and thermal water to provide a remineralizing and toning effect on the skin. Package includes 7 treatments of 60 minutes each.

MASSAGGES

AYURTHAI MASSAGE - 50 MIN — **€ 65,00**
Ayurvedic and Thai massage techniques.

AYURTHAI PACKAGE — **€ 260,00**
Five 50-minute AyurThai massages.

SHANTI MASSAGE - 50 MIN — **€ 55,00**
Regenerating massage.

SHANTI PACKAGE — **€ 210,00**
Five massage sessions.

RELIEVING LEG MASSAGE - 30 MIN — **€ 35,00**
Draining massage with fatigue-relieving effect.

LEG PACKAGE — **€ 150,00**
Five 30-minute draining massages.

FOOT MASSAGE - 30 MIN — **€ 35,00**
Foot massage (not reflexology).

POST-MUD MASSAGE - 20 MIN — **€ 27,50**
Localized massage after thermal mud treatment.

POST-MUD MASSAGE - 20 MIN — **€ 138,00**
Package of six localized massages.

TERME DI ARTA
dove l'acqua cura e il tempo rallenta

IO SONO FRIULI VENEZIA GIULIA

ADDITIONAL BEAUTY TREATMENTS

SPECIFIC BODY WRAP (HOT OR COLD) - 40 MIN ..... **€ 30,00**
Single session.

BODY WRAP PACKAGE ..... **€ 150,00**
Six sessions.

SPECIFIC BODY WRAP (HOT OR COLD) + MASSAGE - 60 MIN ..... **€ 60,00**
Single session including 30-minute massage.

BODY WRAP + MASSAGE PACKAGE ..... **€ 330,00**
Six sessions.

TERME DI ARTA
dove l'acqua cura e il tempo rallenta

IO SONO FRIULI VENEZIA GIULIA

ADDITIONAL BEAUTY TREATMENTS

FACIAL TREATMENTS

LIFT - 60 MIN ..... **€ 80,00**
Anti-ageing treatment with firming and wrinkle-reducing action for face, neck and décolleté.

DETOXIGENE - 50 MIN ..... **€ 65,00**
Detoxifying and illuminating facial treatment.

GLYCO - 50 MIN ..... **€ 65,00**
Exfoliating facial treatment that helps reduce wrinkles, blemishes and enlarged pores while stimulating collagen and hyaluronic acid production.

PURE - 60 MIN ..... **€ 75,00**
Treatment for impure and asphyxiated skin.

SENSITIVE - 60 MIN ..... **€ 75,00**
Treatment for sensitive skin and couperose.

EXPRESS FACIAL CLEANSING - 45 MIN ..... **€ 45,00**
Includes cleansing, scrub and specific face mask according to skin type.

TERME DI ARTA
dove l'acqua cura e il tempo rallenta

IO SONO FRIULI VENEZIA GIULIA

HAIR REMOVAL AND BEAUTY SERVICES

WOMEN'S HAIR REMOVAL

UNDERARMS	€ 13,00
HALF LEGS + BIKINI	€ 39,00
FULL LEG	€ 40,00
FULL LEG + BIKINI	€ 47,00
HALF LEGS	€ 27,00
FACE	€ 21,00
ARMS	€ 23,00
TOTAL BODY	€ 70,00
PARTIAL BIKINI	€ 15,00
FULL BIKINI	€ 25,00
UPPER LIP / CHIN / EYEBROWS	€ 12,00

HANDS / FEET

MANICURE WITH NAIL POLISH	€ 27,00
NAIL POLISH CHANGE	€ 10,00
SEMI-PERMANENT MANICURE	€ 45,00
SEMI-PERMANENT REMOVAL	€ 15,00
COMPLETE MEDICAL PEDICURE	€ 50,00
AESTHETIC PEDICURE	€ 40,00
AESTHETIC PEDICURE WITH SEMI-PERMANENT POLISH	€ 65,00
SPECIFIC FOOT TREATMENT	€ 22,00
FOOT RITUAL	€ 60,00

TERME DI ARTA
dove l'acqua cura e il tempo rallenta

IO SONO FRIULI VENEZIA GIULIA

HAIR REMOVAL AND BEAUTY SERVICES

MEN'S HAIR REMOVAL

BACK OR CHEST	€ 30,00
BACK AND CHEST	€ 45,00
LEGS AND GLUTES	€ 45,00
FULL BODY	€ 90,00